



# PLANNING AHEAD...CRUCIAL CONVERSATIONS

## Helping families & seniors navigate end-of-life decisions

Produced with the San Diego Community Action Network (SanDI-CAN), this six-hour **FREE** conference helps families and seniors with end-of-life planning. Participants will be able to identify their end-of-life values and goals of care and acquire the communication skills necessary to make informed health care planning decisions!

**Wednesday, January 21, 2015**

**9:30am to 3:30pm**

**\*\*refreshments, lunch provided & community resource tables\*\***

## **Balboa Park Club**

2150 Pan American Road West  
San Diego, CA 92101

Please **RSVP** by **January 19, 2015**

**1(800)82-SHARP/1(800)827-4277**

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# SanDi-CAN

San Diego Community Action Network

**Mission:**

*To be the community based action partnership of providers, volunteers and consumers of services dedicated to improving the quality of life for older adults and adults with disabilities living in the City of San Diego.*

## AGENDA

9:30am **Registration/Exhibitors/Light Refreshments**

10:00am **Welcome/Introductions**

10:15am **Five Important Documents**

Richard Scott Stewart, Attorney  
California Estate and Elder Law, LLP

10:45am **Communication Tools for Crucial Conversations**

John Tastad, SCC, Advance Care Planning Program Coordinator  
Sharp HealthCare

11:25am **Stretch Break**

11:35am **Community Panel of Experts Discuss Whole Body, Organ & Tissue Donations**

Nancy Biagioni, Director of Donor Development & Education, San Diego Eye Bank  
Scott Barton, Director, UCSD Body Donation Program  
Peggy Holder, Community Outreach Coordinator, Research for Life  
Rev Don B. Stouder, M.Div., PCS, Lifesharing  
Sade Obanwo, Community Relations Manager, Science Care

12:15pm **Lunch/Exhibitors**

12:45pm **The Ombudsman's Role as an Advocate for Long-Term Care Residents**

Lyn Devereaux, Volunteer Trainer, San Diego County HHSA- Aging and Independence Services

1:15pm **Reinventing Yourself After a Loss: How to Find Your Way Back to Thriving**

Liane Fry, LMFT, FT, Bereavement Coordinator  
Scripps Bereavement Program

1:45pm **Physician Panel: Essential Documents & Conversations**

**Community physicians share their thoughts on their own Advance Directives**

Michael J. Barker, MD Retired, Family Practice  
Margaret Elizondo, MD, Sharp HospiceCare, Associate Medical Director  
Rebecca Ferrini, MD, MPH, CMD Medical Director Edgemoor DP SNF  
Emmet W. Lee, MD, FAAHPM, Medical Director, LightBridge Hospice  
James M. Sinclair, M.D., Medical Director Vitas Innovative Hospice San Diego Program 95  
Karl Steinberg, MD CMD, Shea Extended Care

3:00pm **Evaluations, Visit with Exhibitors, Opportunity drawings**

3:30pm **Adjourn**

**THANK YOU to ALL**

**our SanDi-CAN Members & COMMUNITY Providers for making this day possible!!**