

# Dancing for your Health

## Bailando para su Salud



### Highlights

- ◆ FREE event for adults
- ◆ Live DJ
- ◆ Dance instructors
- ◆ Tasty treats
- ◆ Fun prizes

**Once you start dancing, you won't want to stop!**

Whether it's salsa, cumbia, or cha cha cha, dance is a great way to get in shape and stay in shape.

**Friday, October 4, 2013**

**7:00—9:30 PM**

**Elks Lodge**

**901 Elks Lane**

**Chula Vista, CA 91910**

**Call today to reserve your spot: 1-877-926-8300**

*This is a free event, but we ask attendees to bring a donation of non-expired canned or packaged food items to support San Diego Food Bank.*



# Dancing for your Health

## Bailando para su Salud



### Highlights

- ◆ FREE event for adults
- ◆ Live DJ
- ◆ Dance instructors
- ◆ Tasty treats
- ◆ Fun prizes

**Once you start dancing, you won't want to stop!**

Whether it's salsa, cumbia, or cha cha cha, dance is a great way to get in shape and stay in shape.

**Friday, October 4, 2013**

**7:00—9:30 PM**

**Elks Lodge**

**901 Elks Lane**

**Chula Vista, CA 91910**

**Call today to reserve your spot: 1-877-926-8300**

*This is a free event, but we ask attendees to bring a donation of non-expired canned or packaged food items to support San Diego Food Bank.*

