



County of San Diego hosted several events to celebrate September, Recovery Month





September is National Alcohol and Drug Addiction Recovery Month. This year, the County of San Diego hosted several events to celebrate the occasion.



On September 10th, County of San Diego health and elected officials were joined by people in recovery from addiction to celebrate the success of thousands of San Diegans who, each year, enter and complete treatment programs throughout the County.

“Addiction does not simply affect the individual addict. It affects children and families, and ultimately impacts entire communities. Addiction leads to financial struggles, marital problems, domestic violence, child abuse and crime. Addiction leads to death,” said Vice-Chairwoman Dianne Jacob, from the County of San Diego Board of Supervisors.

Vice-Chairwoman Jacob was on hand to unveil the “I am Sorry...Thank You” exhibit featuring artwork by clients in treatment centers throughout the County. Through their art, the clients were able to apologize for the pain that their addiction had caused friends and family and also express their appreciation to everyone who has helped them in their recovery. The exhibit will be on display at various treatment centers over the next several months.

Two former meth addicts, a mother and daughter, bravely shared their story of addiction and the path to recovery. The daughter noted with regret, “The first time I used meth, I was hooked.” Her mother expressed her sadness that the worst thing about her addiction was seeing her children follow the same path of destruction. Each woman described the despair they experienced as the drug took over their lives and their hopes that their stories of recovery might help someone else find their way to treatment.

These women are just two of the more than 13,000 people who entered treatment programs funded by the County of San Diego’s Alcohol and Drug Services in 2007.

On September 12th many of these same people, along with numerous service providers and other organizations gathered to celebrate Recovery Happens in Balboa Park. This annual event and resource fair offers individuals in recovery and other members of the community an opportunity to participate in a celebration of recovery and hope. The day’s events included various forms of entertainment including the Mary Lind Choir,



House of Metamorphosis Choir and the hip hop dance group, Junkyard Crew.

Substance abuse is a treatable disease. The County of San Diego funds a number of residential and non-residential treatment programs throughout the region. If you or someone you know would like more information on treatment and recovery, please contact the Access and Crisis Line at 877-479-3339.

County of San Diego Health and Human Services Alcohol and Drug Services (ADS) Agency provides leadership, planning, policy development, service coordination and resource management for a comprehensive system of alcohol and drug prevention, treatment, and recovery services. Culturally competent services are provided throughout San Diego County via contracts with community-based organizations.





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